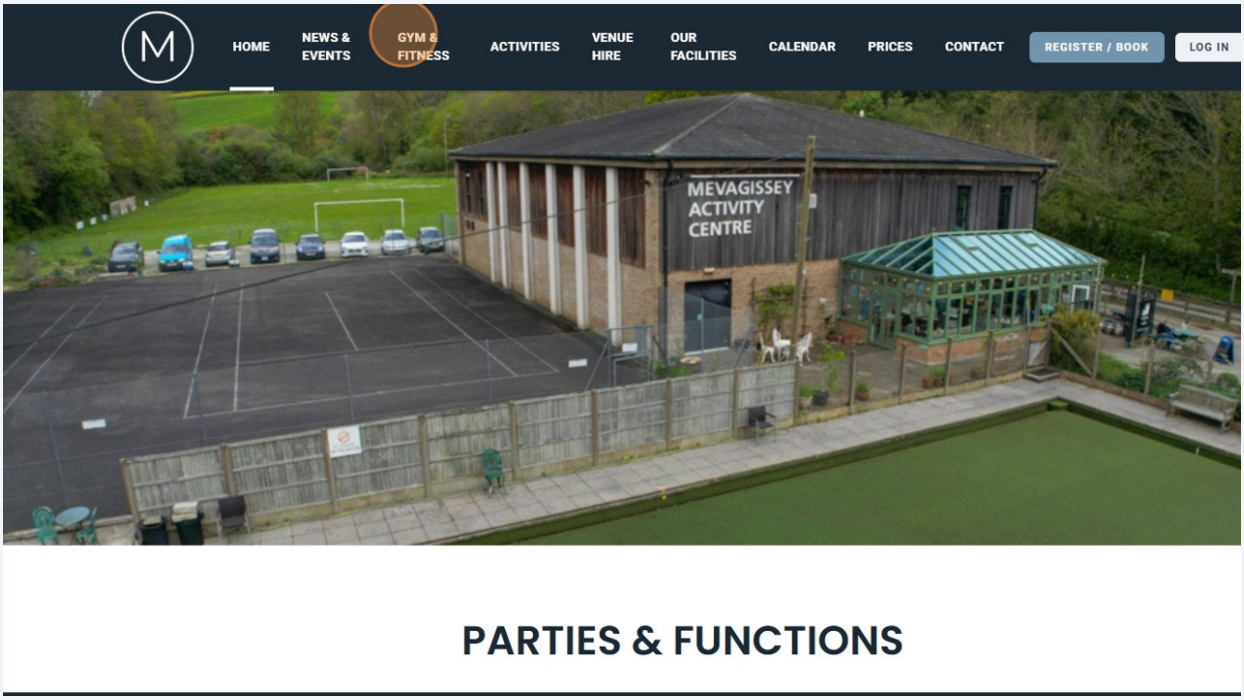
# How To Sign Up For Live Longer Better Programme

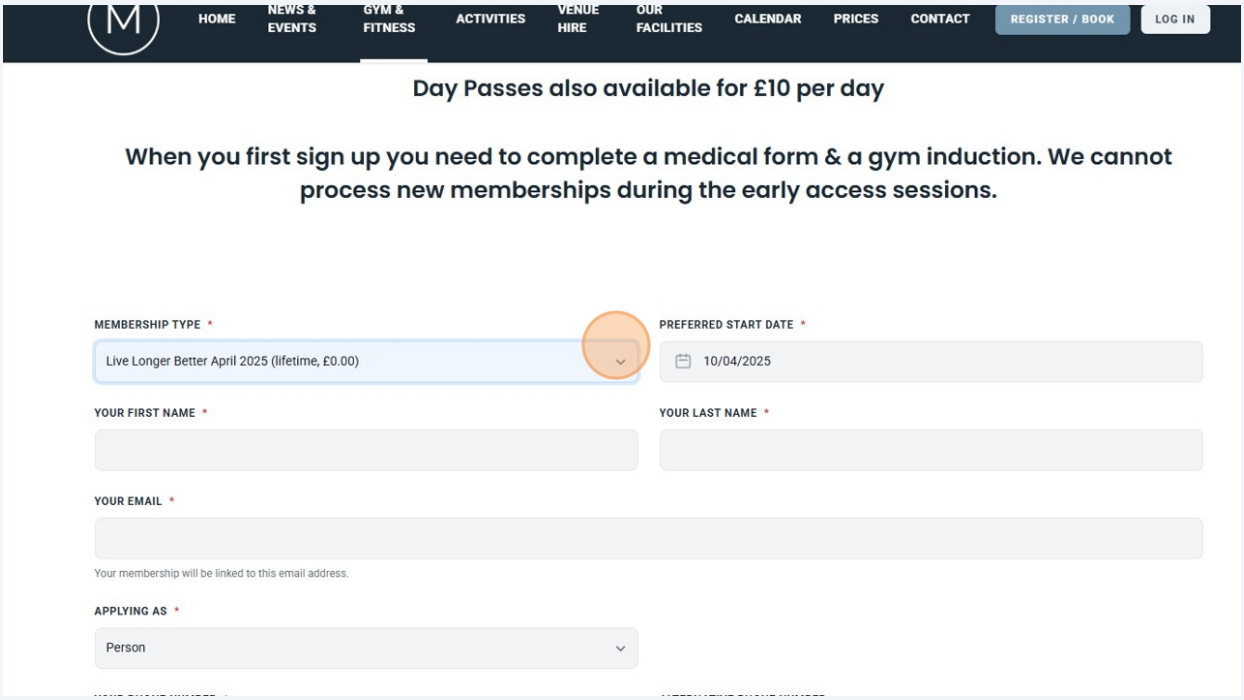
1 Navigate to [https://mevagisseyactivitycentre.com/](https://mevagisseyactivitycentre.com/)



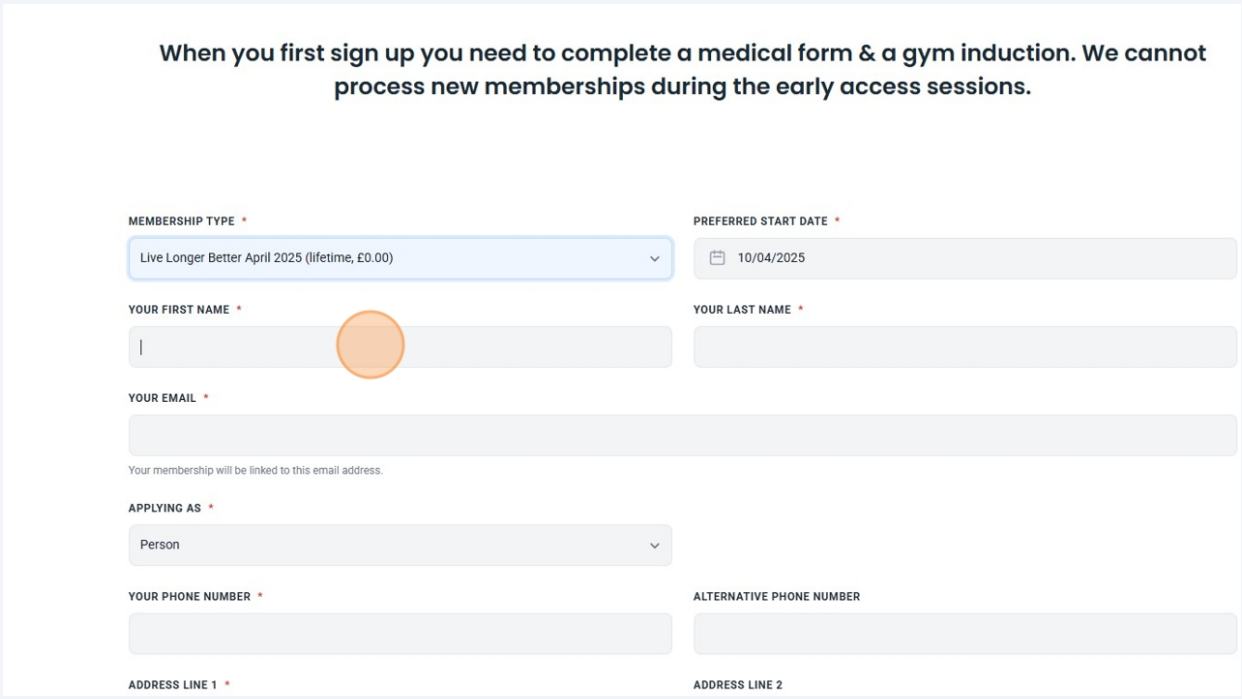
2 Click "GYM & FITNESS"



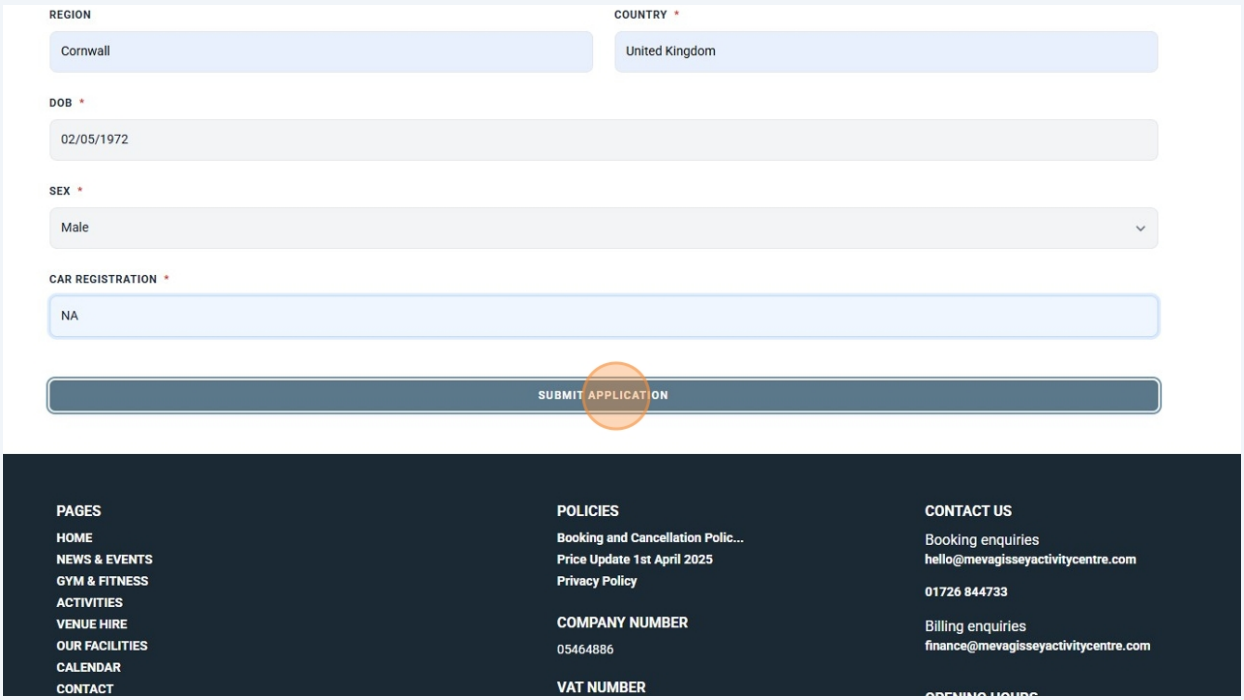

3 Select the "Live Longer Better April 2025 (lifetime, £0.00)" option.



## 4 Fill in the form




## 5 Click "Submit application"

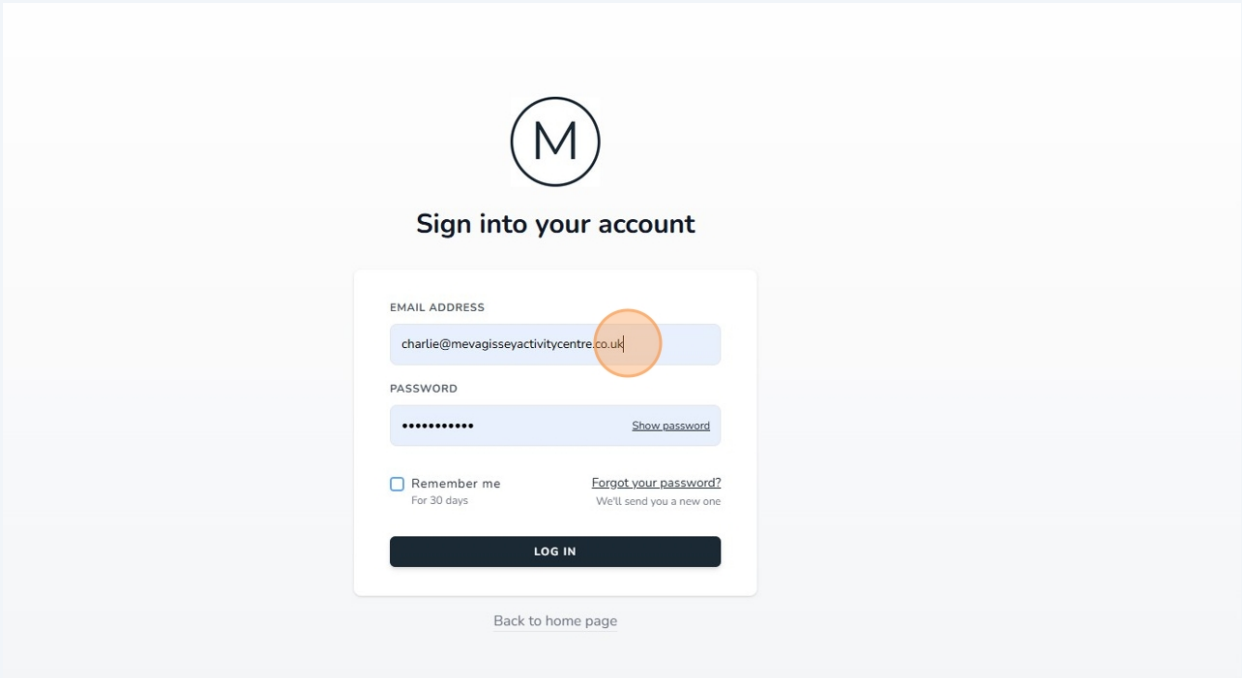


**6** You will receive an email requesting you verify your email

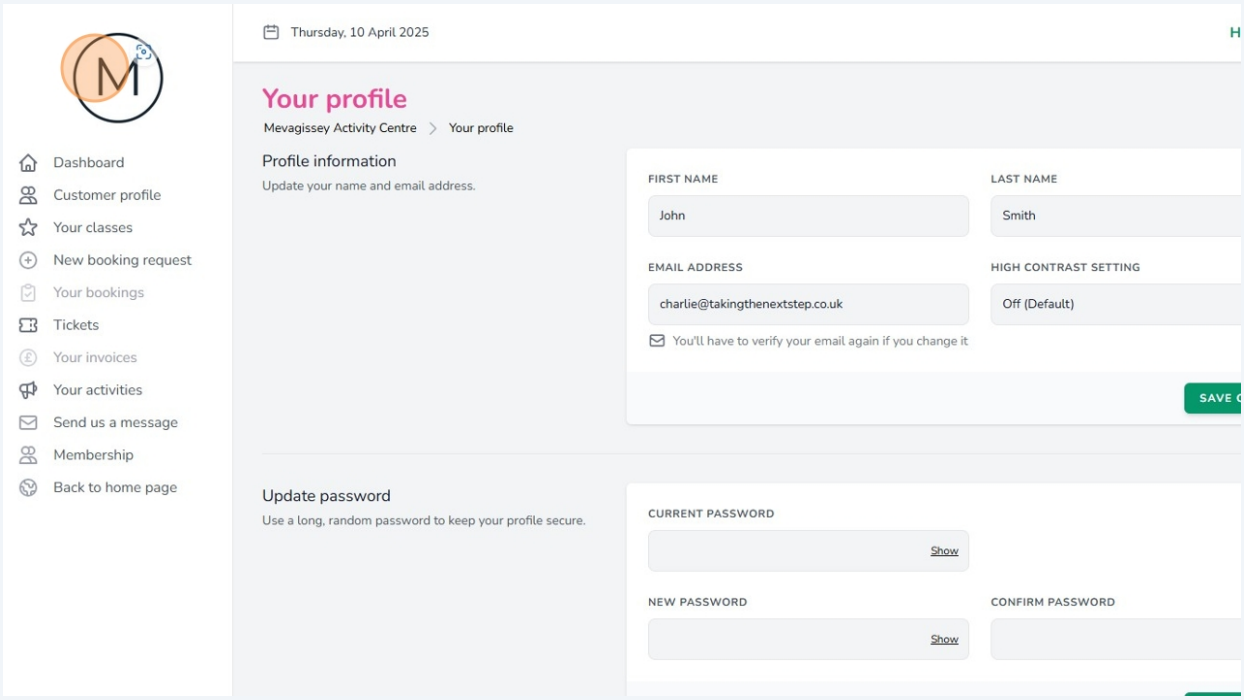
**7** You will receive an email confirming the membership has been submitted.

**8** Once authorised you will receive an email with your email and password on

**9** Sign into your account



**10** You will then be logged into your account




**11** Your account is now ready and set up

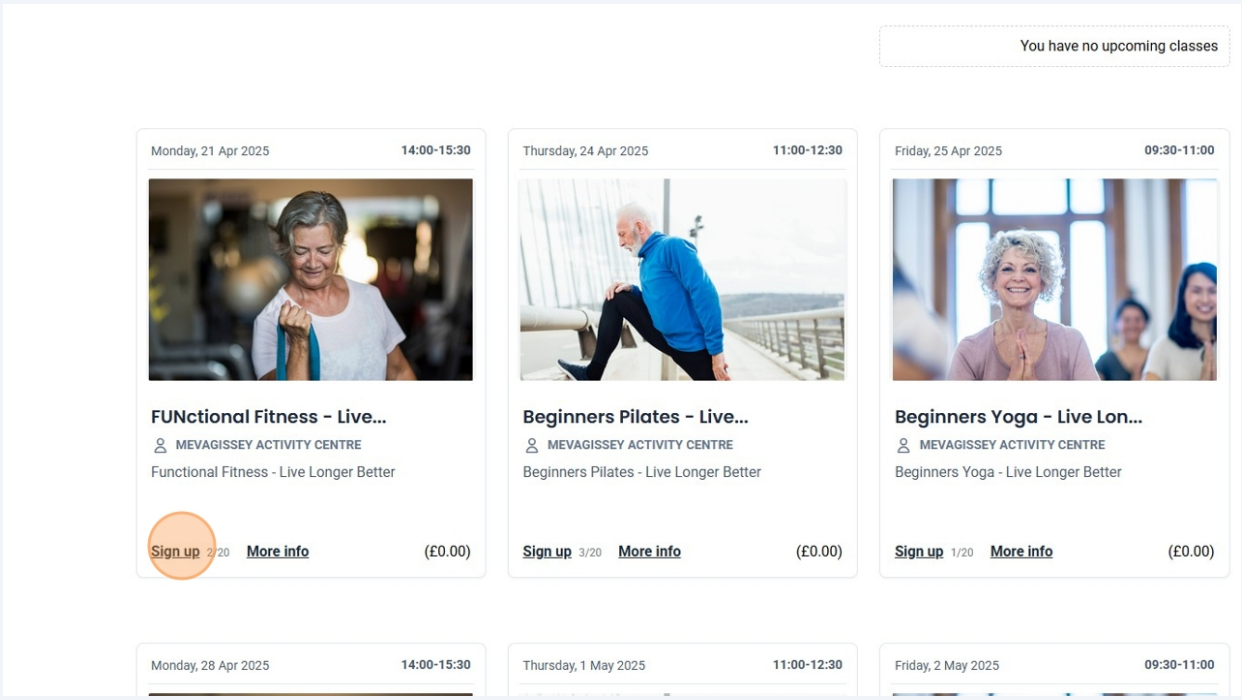
## SURVEY

**12** In order to be accepted on the programme we need you to complete a survey. You will receive a separate email with the link to the survey

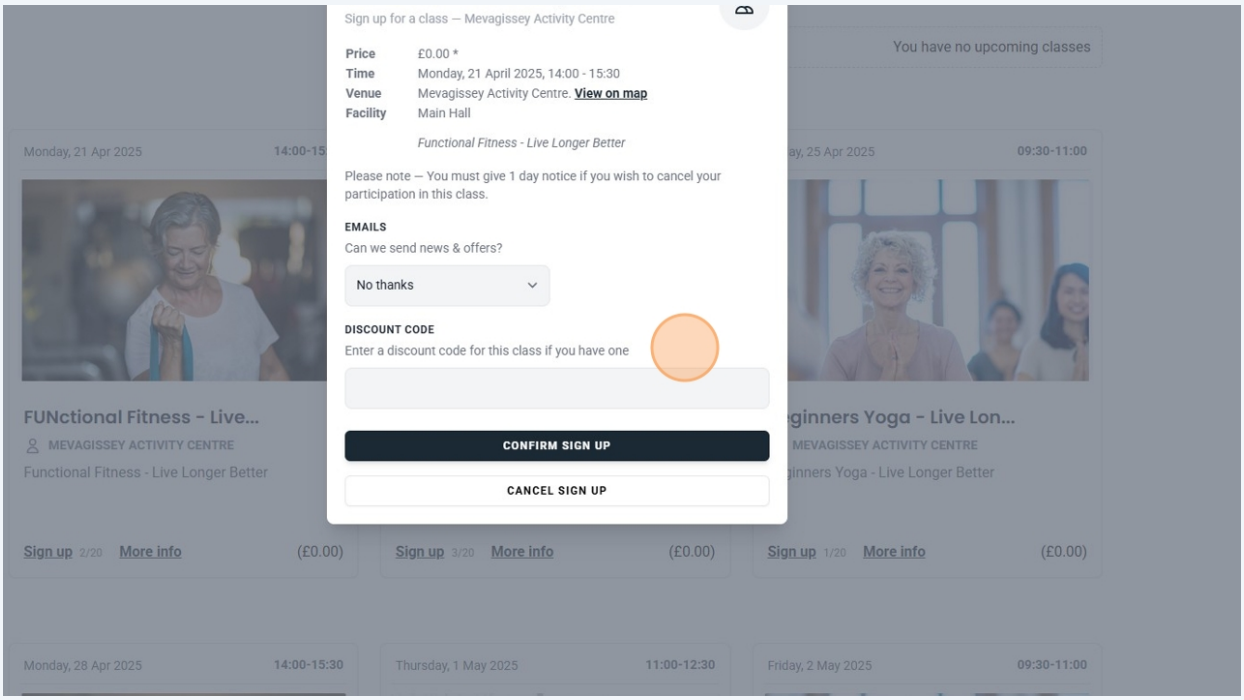
**13** Once completed, then email hello@mevagisseyactivitycentre.co.uk and we will send you a link for the classes

**14** Once you have received an email with the sign up link then click on the link to be taken to the page. (It may ask you to sign in again if you didn't click save details)

## 15 Find the class you want and click sign up




## 16 Confirm Sign Up and all done!



**17** You can book up to 28 days in advance.