

CORONAVIRUS/ COVID-19

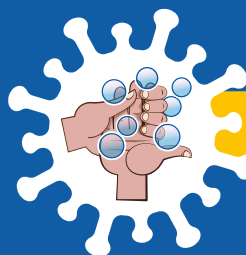
PROTECT YOURSELF & YOUR COMMUNITY



KNOW the symptoms and do not enter if you or anyone in your household has them; self-isolate and arrange to be tested



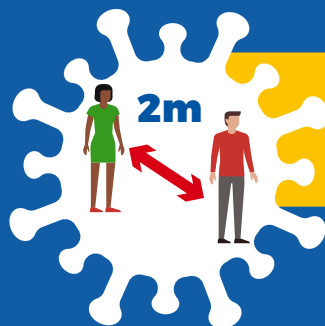
GIVE your contact details to the activity organiser. Tell them if you develop COVID-19 symptoms within 7 days of visiting this centre



WASH or sanitise your hands when you arrive and throughout your visit



WEAR a face covering unless exempt



STAY 2 METRES from those not in your household (1 metre with risk mitigation is acceptable if 2 metres cannot be maintained in some areas of the building)



OBSERVE the one-way system, take turns to use the toilets and corridors, step aside to give others space and use the waiting signs



"Catch it, bin it, kill it" Bin tissues and wash or sanitise your hands



DON'T SHARE anything like glasses or cups



AVOID TOUCHING things, including your face – wash or sanitise your hands if you do



KEEP the hall well ventilated, and close doors and windows when leaving

COVID-19 SYMPTOMS



A high temperature



A new, continuous cough



Loss or change to your sense of taste or smell

Please help to keep Eastcott Community Centre COVID-19 secure