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Contact Page.

If anyone would like to contribute to our printing costs, then you may do so on line, our bank details are: **AWLISCOMBE AND WESTON TIMES**

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- Thank you.

To contact us at Awliscombe and Weston Times, send an email to awliscombeandwestontimes@gmail.com

Emergency Contact Numbers.

Ambulance, Fire, Police	999
Police non-emergency	101
NHS non-emergency	111
Flood line	0345 9881188
Fire Non – emergency	0800 0502999

St. Michael's Church, Awliscombe school, Parish Council , Village Hall, and club contacts.

Incumbent	Revd. Sue Roberts	Email: sue41260@gmail.com
Honiton Team Office	01404 44035	office@honitoncofe.org
The Honiton Mission Community website, on honiton.org , has information about services in Awliscombe.		
Church Wardens	Nick Thwaites	01404 548467 / 07900 041174
PCC Secretary	Sharon Thwaites	01404 548467
Bell Captain	Roger Sprigg	01404 43814
Awliscombe School	Penny Hammett	01404 42031 – Executive headteacher, Fort Federation.
Awliscombe School	Vicky Morris	Head of School
Awliscombe Parish Council	Sally Maynard	07810 442355 - Clerk
Awliscombe Village Hall	Liz Gillingham	07811 675800 - Booking Secretary
		01404 43551
	Kevin Coxon	07796 132238 - Chairman
Young Wives	Sally Lawrence	01404 42825
Garden Club	Pat Hughes	01404 841170
Short Mat Bowls	Kelvin Briscoe	01404 549047
Awliscombe Ladies	Rosemary Sprigg	01404 43814
Knit and Stitch	Sarah Dent	07540 110965

Defibrillator Unit

As most people know, we have a defibrillator in Awliscombe. It is situated on the wall of the village hall, to the right of the entrance.

This comes as a gentle reminder of what to do in an emergency situation.

If someone collapses with a cardiac arrest near you, then **speed of response is paramount.**

So ring 999 without delay.

If someone was able to fetch the defib unit, instructions will be very clearly heard once the unit is opened. There will be a repeat of training in the new year.

Next Issue

The deadline for the next issue will be **15th September.**

Send your article to awliscombeandwestontimes@gmail.com

What's On.

To help everyone keep their diaries up to date, you can now go onto the Awliscombe Parish Council website, click on What's On and see all of the public events for the village. If anyone has an event which they would like advertised on this calendar, then please let Sally know on lawrencesally@hotmail.com

For any people who are new to the area, they should know that new members are always welcome to any of the various clubs and events mentioned in the magazine. Details of people to contact are on the contact page at the beginning of this magazine.

Monthly

regular dates in the Village Hall

Mondays - Garden Club 7.30pm – 10pm 2nd Monday in month

Tuesdays –

Wednesdays - Short mat bowls 2 pm - 7pm & 7pm - 9pm

Alternate Wednesdays –

Knit and Stitch in the Committee room, 7.30 – 9.30

Thursdays - Honiton U3A Hist. 8 am – 1pm last Thursday in month

Awliscombe Ladies 7.30 pm - 2nd Thursday in month

Fridays - Drama Tots 8am – 1pm.

Slot car racing 7 pm - 10pm

Honiton WI Art _1 pm – 4pm 2nd & 4th Friday

SAVE THE DATE.

Monday July 24th - Whist Drive in the Village Hall.

Monday August 28th - Whist Drive in the Village Hall.

Friday September 29th - Harvest Supper in the Village Hall.

Sunday 1st October - Harvest Festival at St. Michael's.

Saturday 18th November – Village Quiz in the Village Hall.

Church Matters.

Services at St. Michael's are on the first and third Sundays on each month. Everyone is welcome. Information about these services is on honiton.org in a newsletter called Around The Parishes.

The **Devon Freewheelers**, who came to our fête, are doing a **Charity Car Wash** to raise funds. (As long as there isn't a hose pipe ban.)

This will take place on Sunday 16th July, from 10AM to 1PM at Unit 1, Gloucester Court, Gloucester Crescent, Heathpark Estate.

Hello! We trust you are enjoying this wonderful run of sunshine, it's good to feel the sun on our backs again. Although Mid-summer has already come and gone, let's hope we can hold onto this warmth for another 3 or 4 months. Of course, in the meantime our lovely farmers are hoping for their fair share of rain too. How very British to be mentioning the weather again in the editorial, I'm not sure if we should apologise for that or no, maybe to say how lucky that the subject is often foremost in our conversations rather than ones of war and other atrocities that some of our fellow men/women around the globe have to deal with.

Whilst we have our problems such as train strikes and the current junior doctor strikes, it's good to zone in on the more positive news available, although not local – such as, a vaccine against Malaria is now one step closer to being rolled out, which could save thousands of lives each year! Humpback whales are no longer on the endangered species list. Bison are roaming England again for the first time in thousands of years. Minke whales have been spotted off the Welsh coast. Four Columbian children found alive in the jungle, 5 weeks after a plane crash! The people who fight tirelessly for Amnesty and all human rights' charities and did you know ... more men than ever are now joining 'Men's Sheds', (any volunteers Awliscombe/Weston)? - just a few random positives amongst many.



We are wishing our July school leavers the best of luck as they move on from Awliscombe Primary - which reminds us to say 'well done' to the school regarding the recent Ofsted inspection. We know it is a happy school with kind, well behaved learners and hard-working, dedicated teachers – Ofsted have reinforced this, which is so lovely to hear.

Many thanks again, to our distributors - Gill and Peter, Jackie, Tim, Val, Nicky, Pat and Don, you are stars! Thank you also to those who have contributed to this edition, making our job a little easier. Don't forget we'd love photos from any of you, please! Let's get the birthday and celebration page off the ground, we look forward to receiving our first one! So, that leaves us to just wish you ... a very **'Happy Summer'**!

Mobile Library dates:

Tuesday

Jan 10	Apr 4	Jul 25	Oct 17
Feb 7	May 2, 30	Aug 22	Nov 14
Mar 7	Jun 27	Sep 19	Dec 12
Village	Stop	Arrive	Depart
Awliscombe	Godford Cross	10:20	10:40
Kilmington	The Street	11:15	11:45
Hawkchurch	Memorial Cross	12:10	12:50
Smallridge	All Saints Pre-School	13:10	13:30
Chardstock	Kit Bridge	14:10	14:30
Chardstock	Green Lane	14:40	15:10

The Awliscombe Short Mat Bowls Club held its annual Prize Giving Lunch at the Hare and Hounds on 23rd June. Prize certificates were presented to this year's winners:

Ladies Singles - June Elliot and Runner-up Sue Marshall.

Mens Singles - Brian Marshall and Runner-up Malcolm Adams.

McCarthy Pairs - Kay Adams & Kelvin Briscoe.

Runners-up Jean Walters and Brian Marshall.

Triples - Viv Tegerdine, Sue & Brian Marshall.

Runners-up- Brian Holland, Kay & Malcolm Adams.

Well done everyone. Anyone wanting to join can find contact numbers on the contact page.

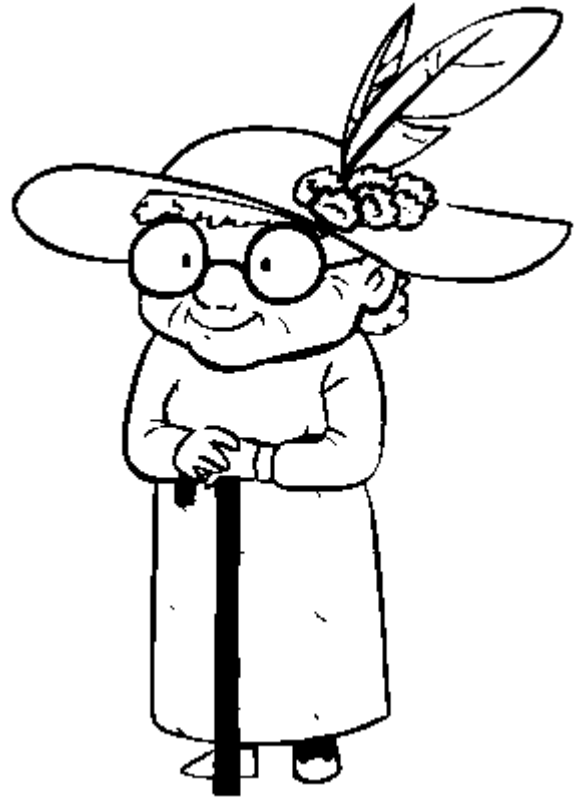
We thought it would be good to print the poem that the Poet Laureate wrote for the Coronation.

An Unexpected Guest. By Simon Armitage.

Featuring Samuel Pepys.

She's treated herself to new shoes, a window seat
on the fast train, a hotel for a night.
She's been to the capital twice before,
once to see Tutankhamun when she was nine
and once when it rained. Crossing The Mall
she's just a person like everyone else
but her hand keeps checking the invitation,
her thumb strumming the gilded edge of the card,
her finger tracing the thread of embossed leaves.
In sight of the great porch she can't believe
the police just step aside, that doors shaped
for God and giants should open to let her in.

She's taken her place with ambulance drivers
and nurses and carers and charity workers,
a man who alchemised hand sanitiser
from gin, a woman who walked for sponsored miles,
the boy in the tent. The heads of heads of state
float down the aisle, she knows the names
of seven or eight. But the music's the thing:
a choir transmuting psalms into sonorous light,
the cavernous sleepwalking dreams
of the organ making the air vibrate,
chords coming up through the soles of her feet.
Somewhere further along and deeper in
there are golden and sacred things going on:
glimpses of crimson, flashes of jewels
like flames, high priests in their best bling,
the solemn wording of incantations and spells,
till the part where promise and prayer become fused:
the moment is struck, a pact is sworn.



*And got to the abby . . . raised in the middle . . .
Bishops in cloth-of-gold Copes . . .
nobility all in their parliament-robés . . .
The Crowne being put on his head
a great shout begun. And he came forth . . .
taking the oath . . . And Bishops . . . kneeled
. . . and proclaimed . . . if any could show
any reason why Ch. . . should not be the King . . .
that now he should come and speak . . .
The ground covered with blue cloth . . .
And the King came in with his Crowne . . .
and mond . . . and his sceptre in hand . . .*

She'll watch it again on the ten o'clock news
from the armchair throne in her living room:
did the cameras notice her coral pink hat
or her best coat pinned with the hero's medal she got
for being herself? The invitation is propped
on the mantelpiece by the carriage clock.
She adorned the day with ordinariness;
she is blessed to have brought the extraordinary home.
And now she'll remember the house sparrow
she thought she'd seen in the abbey roof
arcng from eave to eave, beyond and above.



It was great to have a local artist at the fête.
Kate is the granddaughter of Dorothy and
Richard Beale.

Her work is beautiful. She has decided to
concentrate especially on her graphite work
now, which has been widely admired.

Khesterfineart.co.uk



Congratulations to the Awliscombe Inn
Cribbage Team who won some silverware this
year. Some of the players are pictured here
with the Knockout Cup and the runner up
plate for the Dan Downs Cup.

Shame we haven't got a pub to display them
in!



*****|



In this issue we are giving the regular **Desert Island Disc** from our chosen village folk, a miss. Instead we are looking at King Charles III's favourite music tracks. Although not having been a guest on D.I.D., King Charles revealed his choices on a special broadcast pre-recorded for the Hospital Broadcasting Association (HBA). The show was called:

Music and Memories with HRH - The Prince of Wales. Celebrating the NHS's 73rd birthday. We thought it apt, so shortly after the Coronation; there was no better person from whom to discover their chosen discs. In the recording the then heir to the throne, discusses a selection of his favourite tracks from throughout his life:



Disc 1 Givin'Up, Givin'In - The Three Degrees. The group performed at his 30th birthday this song which he recalls, "long ago, used to provide me with an irresistible urge to get up and dance".

Disc 2 Don't Rain On My Parade – Barbara Streisand. Charles recalls how he was able to see the star perform on set at Warner Bros. Studios when he served as a young lieutenant on HMS Jupiter.

Disc 3 La Vie En Rose – Edith Piaf

Disc 5 The Voice – Eimear Quinn

Disc 7 You're a Lady - Peter Skellern

Disc 9 Bennachie – Old Blind Dogs

Disc 11 They Can't Take That Away From Me – Fred Astaire and Ginger Rogers

Disc 4 Upside Down – Diana Ross

Disc 6 The Click Song - Miriam Makeb

Disc 8 La Mer – Charles Trenet

Disc 10 Back in Town – Dick Powell

Speaking of the last two tracks below, Charles said: "It is a prayer for those divine qualities of beauty, peace and harmony - to be reflected in our own lives.

Disc 12 Tros Y Garreg/Crossing the Stone – Catrin Finch

Disc 13 Tydi a Roddaist – Bryn Terfel.

King Charles III also recently shared his **Private Passion** on Radio 3.

*The works of **Leonard Cohen**, in particular '**Take this Waltz**'. Always having loved his voice and his whole approach to the way he sang. "I find the words are so extraordinary, sort of Salvador Dali-like, they lead you into this remarkable Dali-like world".

***Jean-Marie Leclair's** 18th Century opera **Scylla et Glaucus** – the Creed from the Russian Orthodox liturgy

***Beethoven: Symphony No 5** in C minor, Op 67 (4th mvt: Allegro)

***Haydn: Cello Concerto No 1** in C (3rd mvt: Allegro molto).

***Leclair: Scylla e Glaucus** (Act 4 sc 5)

***Gretchaninov: The Creed**, OP 79 No 1

* **Wagner: Siegfried Idyll** ***Wagner: Selig wie die Sonne** (Die Meistersinger von Nurnberg)

Mr. Pye

Author – **Mervyn Peake**

I usually have half dozen books at my bedside 'on the go' as they say. Currently these range from the original John Evelyn diaries of 1640-1700, Gaskell's *Ruin of All Witches* (witch-hunting in colonial Massachusetts!), *History of the Medici's*, *History of Florence* (playground of Europe), a murder mystery, Lucy Worsley's new biography of Agatha Christie (who incidentally, was a good friend of Esme Nicoll who owned Egland until her death in 1973), and others - most of which many would find rather dry...

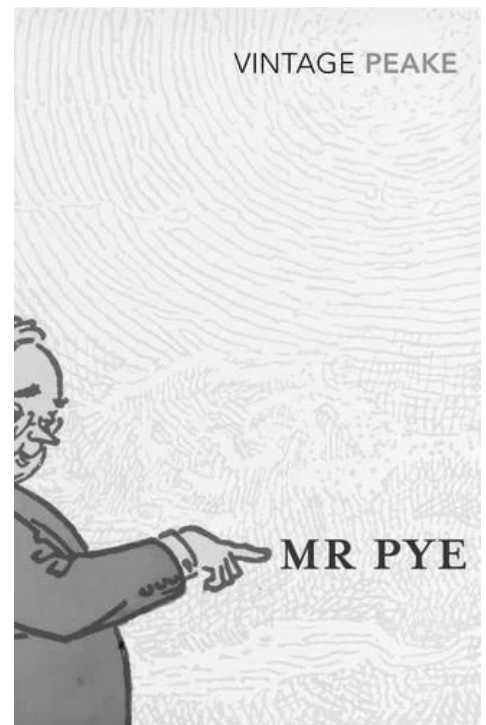
So, I have chosen one of my all-time favourite books that I had been planning to read for the third time (when I can find it...)...so my review is largely from memory at the moment. In 1953 Mervyn Peake wrote a short novel called simply, *Mr. Pye*. Mervyn was famous for the gothic *Gormenghast Trilogy* which I waded through in my teens. He was a true Polymath – an extraordinary fiction writer, poet, playwright, war artist (he visited German death camps shortly after their liberation), painter and talented illustrator, *Mr. Pye* is nothing like his trilogy but a story with a fantastical event lodged in a background of reality on the island of Sark.

Mr Pye is a likeable but gauche Christian missionary, who buys a one-way ticket to Sark, intending to convert the islanders into a force for the undiluted goodness that he feels is within us all. The extraordinary inhabitants of the island include the formidable Miss George in her purple busby, an aggressive landlady Miss Dredger, an insecure artist, Thorpe and not least, the island's resident wanton sexpot, Tintagieu...described as "five foot three inches of sex". *Mr Pye*, however, is prone to excess and in the increasingly personalised struggle between good and evil, excess is very nearly his downfall.

Short, plump with hat and umbrella, he brings a message of love, peace and mutual co-operation to the unsuspecting islanders, ending with a chase and a unique, surprise, and glorious ending.

In 1986 it was made into a TV film, starring Derek Jacobi (he of Robert Graves' *I, Claudius*) as *Mr Pye* and if I recall was largely true to the book.

Still available as a paperback at Waterstones/Amazon etc. - £8-10. A book you may want to read several times in your life, as I have done. Enjoy.



Reviewed by **Mark Dalrymple**.

National Garden Scheme.

Monday 8th May was the day that King Charles asked should be a focus on volunteering. The Garden Club had invited a speaker, Juliet Tremlett of the National Garden Scheme, to come and tell us all about this scheme. Like many of us I have really enjoyed visiting gardens over the years, having a cup of tea and coming away refreshed and enthused. But I suspect that like me, many of us had no clear idea about which charities were being supported or how this scheme started off...



It all started in 1859 when William Rathbone, a Liverpool merchant, philanthropist and later on MP, employed Mary Robinson to nurse his wife during her final illness. After his wife's death, William retained Mary's services so that people in Liverpool who could not afford to pay for nursing could benefit from care in their own homes. Seeing the good that nursing in the home could do, William Rathbone got in touch with Florence Nightingale and they worked together to try to develop the service. And so 'district nursing' had begun.



By 1887 things had grown and needed to be organised. The Queen's Nursing Institute (QNI) was founded. Queen Victoria was a great supporter apparently.

The QNI aimed to provide the 'training, support, maintenance and supply' of nurses for the sick poor, as well as establishing training homes, supervising centres, co-operating with other bodies and establishing branches as necessary.

In 1927, at a QNI meeting, Miss Elsie Wagg came up with the idea of raising money for district nursing through the nation's obsession with gardening. A year later the National Garden Scheme was founded and garden owners were asked to open their gardens for 'a shilling a head' (5p). 609 gardens opened and raised a total of £8,191. Funding was now on a firmer footing. The National Garden Scheme enjoyed support from the Royal Family as well as many other prominent owners of wonderful gardens throughout the land. Sir Winston Churchill and Vita Sackville – West were among the famous garden owners.



In 1948, after the second world war, the National Health Service and local authorities took on the home nursing service. However, money was still needed to care for retired nurses and invest in training. The National Garden Scheme continued to raise money for the Queen's Nursing Institute.

In 1989 things changed again. The National Garden Scheme became independent of the QNI in order to fund a range of nursing and health charities.

Macmillan Cancer Support has been a beneficiary and to date has received over £18 million.

Marie Curie, Hospice UK and Carers Trust are beneficiaries as well as Parkinson's UK.

In 2002 The former Prince of Wales became Patron of the National Garden Scheme.

This role was taken over in 2016 by Mary Berry. The scheme now began to support gardens and health-related projects run by charities as well as continuing to support the other charities. The first Gardens and Health beneficiary was Horatio's Garden, which started in Salisbury. (That is a story worth looking up on line if you have not heard of it).



2022 saw a return to near normality to garden opening and visiting for the first time in 3 years. Despite the drought which forced many gardens to close, the scheme was able to donate £3.11 million to the many charities it supports. There are so many fabulous gardens nearby, big and small.



Earlier in the year the **Young Wives** got creative at Honiton Pottery. There are so many things that can be created with clay without necessarily using a wheel. Rolling and shaping the clay can be huge fun.



We donned our aprons and set to work using rolling pins, water and all sorts of tools.



Karen and Beth were on hand to help and advise. We created a wide variety of items and had great fun doing so.

The items needed to be fired, then we went back to paint them with glazes and they were fired again. This process takes about a month.



The 2023 Awliscombe and Weston **Village Fête** has again been a fun filled event and the weather was kind to us.

Our thanks to the great team who put it together.

Early on the day itself, there were groups of people bringing tables and chairs,

putting up tents,



adding bunting all around. Elsewhere others were setting up the sound system, (Thank you Bella and team)



moving tents into position,



and organising the ducks,



This year the teams got bacon rolls as a treat.

Thank you.

Then the task of laying out the goods on the many stalls and setting up the games started in earnest.

At one o'clock, the Fête was declared open by Ray Wilmington.



We had a fabulous
Teddy Tombola,

second hand books,



masses of delicious cakes,



wonderful plants,



a variety of prizes on the tombola,



a a

a raffle,



face painting and, most important, cream teas.



There were all sorts of games.

Pluck a Duck.



Crash the Cans,



hook a fish,



Slot car racing,



guessing games.



There was a bouncy castle, a skittles alley, and guess the number of sweets in a jar.

There were bikes, cars and tractors to have a look at.



Other things of interest included a visit from Gittisham forge and The Devon Freewheelers.



There was a chance to buy delicious local honey and to learn all about keeping honey bees.



The various activities and refreshments were enjoyed by everyone in sunshine. We even had a visit from our MP – Richard Foord.

The most exciting event however, was the Duck Race.

The Otter river is quite low at the moment, so there was plenty of opportunity for ducks to get snagged on weed or stones. As ever, the younger locals waded in to make sure that all the ducks got through.



The committee members and helpers did a great job – Well done.

Thank you to The Otter Inn for letting us use their beer garden for this event. We raised about £3,000 !!

Future skittles star.

Tall Nettles.

*Tall nettles cover up, as they have done
These many springs, the rusty harrow, the plough
Long worn out, and the roller made of stone:
Only the elm butt tops the nettles now.
This corner of the farmyard I like most.
As well as any bloom upon a flower
I like the dust on the nettles, never lost
Except to prove the sweetness of a shower.*



Edward Thomas 1878 - 1917



Health benefits of Nettles.

How to make nettle tea:

One can buy nettle tea loose or in tea bags, but you can also make your own if you prefer. Experiment to see which ratio of water to leaves you prefer; a general reference is 1 cup of leaves to 2 cups of water.

Add the water to the leaves. Bring it just to a boil and turn off the stove. Leave it to rest for 5 minutes. Strain the mixture, add honey or cinnamon if you like. Enjoy!!

Nettles are a powerful blood purifier that drive out toxins from the body. They are reputed to reduce inflammation, protect the urinary tract, treat the symptoms of hay fever, lower blood pressure, support healthy joints and bones and they are high in nutrients. One can cook nettles like spinach. I am told that it is best to eat the fresh tips when they come out in the spring.

The Arthritis Foundation suggests that nettle tea may also reduce the inflammation and pain associated with osteoarthritis.

Obviously, nettles may interact with certain medications. Some herbs and supplements can be harmful to people with certain health conditions.

Colesfield Saddle Club - Weston

Many of you will have seen us riding through weston village on a daily basis and have come to recognise the horses and their riders. As time goes by we have struck up conversatiions with walkers and fellow riders along the way



My name is Sarah Harrison and I live in Weston. I have ridden horses nearly all my life and can safely say it is a life long passion (I have a very long suffering husband). Having competed on various horses to a fairly high level, I found I suddenly fell out of love with the competition scene, but I felt I had enough knowledge and horsey friends that I could start up a small saddle club at home to have some fun with our horses - and raise a

bit of money for local charities and so the saddle club was formed ... twenty years ago!!!

We run all sorts of events for our members, from riding camps to rallies at various venues where people attend with their horses. Membership is for adults only with their own horses and the aim of the club is to have fun and not take ourselves too seriously.



We have donated over the years to Marie Curie, Devon Air Ambulance, ELF, Royal British Legion, local children with learning needs, Hospice ... oh and many more!

We are a small club of just 50 members, so we are like a large family and I have made some life long friends whilst in the process of running the club. Last year a team of four of our ladies qualified for the finals in Quest Dressage – one of only 28 from England, Scotland and Wales ... quite a achievement. I was like a proud mother hen!



Over the last twenty years of riding around Gittisham and Weston we have seen a huge surge in the amount of traffic and also a change in people's attitude towards horse riders – sad to say it is not an enjoyable event now hacking out on the roads, but due to lack of bridleways etc., we don't have much choice. Even though there is a new PLEASE PASS WIDE AND SLOW campaign for cars regarding horses, I don't think it has made it to Honiton yet!! And ... electric cars are a bit of a nightmare, as the horses don't hear them!

If you are a cyclist and you are approaching us from behind, please do call out or ring your bell ... it would be appreciated.

Thank you all for your patience when passing us horse riders We do appreciate it.

I am now busy organising a riding camp near Bridgwater for 25 lovely ladies and their four legged steeds. Five star accomodation for all involved and we take our wonderful caterer with us I.... lots of laughs, games, masses of cake eating ... oh and a bit of riding!

Thank you Sarah for sharing your passion with us – raising so much money over the years for various charities - is an amazing achievment. We are full of admiration.



MOVING ON & NEW BEGINNINGS

With another school year almost at a close, we thought we would speak to a couple of children who had left Awliscombe Primary School in 2022.

Having now spent a year at their new 'big' school, we asked them about their thoughts and feelings regarding their experiences, hoping to encourage and reassure the children leaving in a few weeks' time.

Beth - I was sad to be leaving Awliscombe Primary because I was nervous that Honiton Community College was bigger compared to Awliscombe and I was going to have to meet a lot of new teachers and students.

I made friends in every class, very quickly, especially the ones I was sat next to. The teachers were kind and friendly - which really helped me settle in.

One year on, I'm happy at Honiton Community College and feel like I've settled in very well. My memories of Awliscombe school will always be good ones and I miss being in a small school.



Theo - When I left, I did feel very sad as I absolutely loved Awliscombe School. I had to leave some friends I had in year 5 and that was hard!

I did feel nervous, I had to catch a bus, get to know my way around the school and hoped I wouldn't get lost.

Luckily, I made a new friend on my first day and it turned out he was in my tutor group, so that was great. Since then, I've made lots of new friends (girls and boys). All the teachers are really kind and there's a few very funny ones! Some older pupils on the bus were kind to me and said 'hello' at school, so that was great.

I have a lot of happy memories from Awliscombe Primary, these were the best days, lots of laughter and singing. I still miss it a little, but very happy with Honiton Community College.

Thanks very much Beth and Theo for sharing your thoughts with us. We are glad to hear you have settled in so well! Good Luck with your years ahead. Beth and Theo would also like to say 'thank you' to Thelma for letting them store their bikes before jumping on the bus, during term time.

Below, a photo of all the **lovely leavers** moving on from the Kingfisher Class - Awliscombe Primary this year. We hope Beth and Theo's thoughts have helped you and we would like to say - **GOOD LUCK! WORK HARD! HAVE FUN!** but most of all **BE BRAVE!**





If you are looking for somewhere different to go for your cup of tea or coffee, look no further than just 5 minutes by car along the road - to Broadhembury and **Sally's Snug**, the dearest little café ...



Kneaded
fine bread when its needed



SALLY'S SNUG (IN THE DREWE ARMS)

Order & collect bread (some bread available every morning we are open).

Have a cup of coffee (or take out) and try our freshly baked cakes and pastries

Also available tin posies from 'Wood Lane Flowers'

of seasonal, sustainable flowers and foliage grown in Broadhembury.

We are open Tuesday to Saturday, 9am – 11.30am.

To order bread or cakes please email shop@kneaded.online.

For Wood Lane Flowers – call 07966 873048

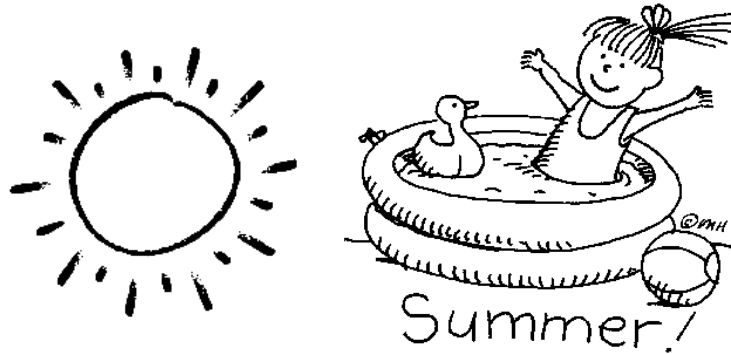
We were wondering if you would like to say 'HAPPY BIRTHDAY' to someone special ... or maybe to shout out 'CONGRATULATIONS' or a very big 'GOOD LUCK!'

Send us their name and a short message from you. We will enter it into our Autumn issue on 1st October. Send to the magazine email address which you can find above the editorial, or text to one of our phone nos on the same page.

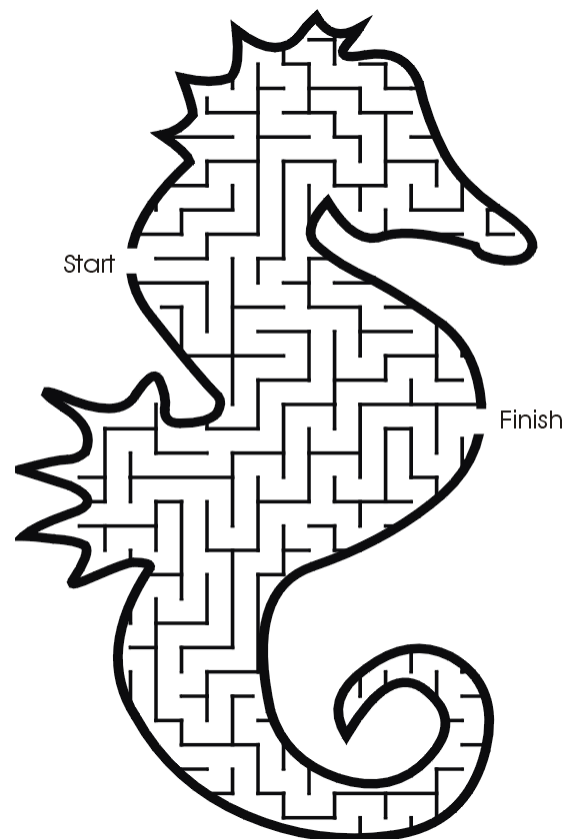
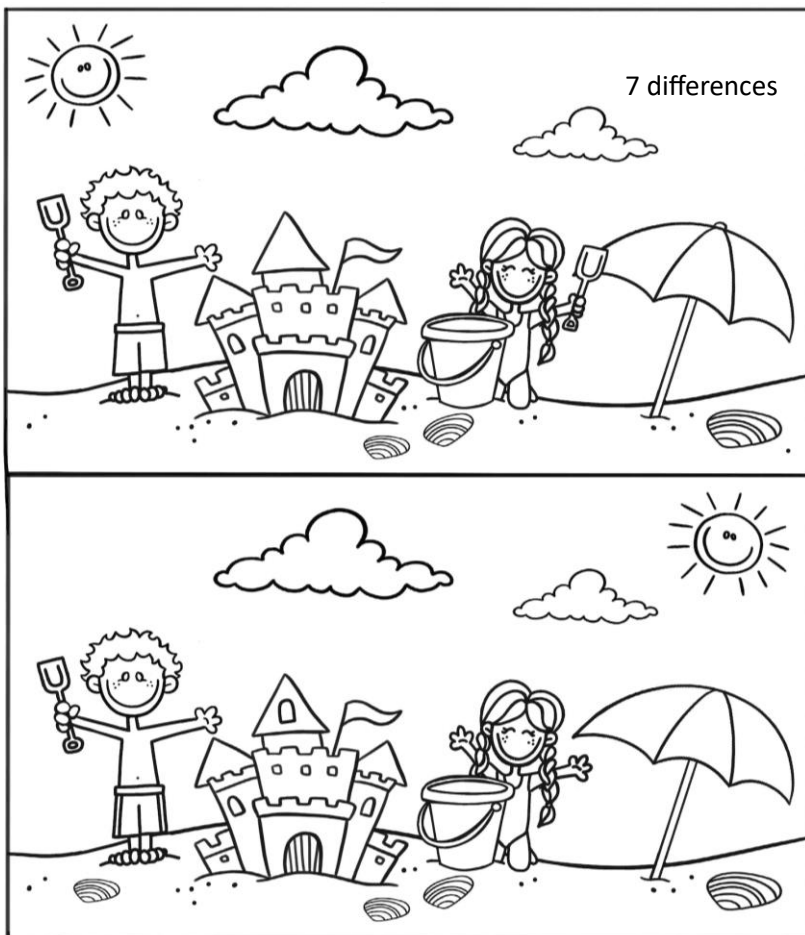


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 y h o t j e t p u u n w l f r
 l o l l y m y l f r e t t u b
 s u n h a t l s h o r t s g n

barbecue
 beach
 birdsong
 butterfly
 flower
 garden
 holiday
 hot
 icecream
 lolly
 picnic
 play
 pool
 sandals
 shorts
 suncream
 sunglasses
 sunhat
 sunshine
 swim



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